

SPORTS WEEK '26

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After a reign of AP exams that terrorized students for the first half of May, students at AUPPHS-FA gathered together to compete in the annual Sports Week for the Academic Year 2025-2026. However, there was a twist in the way these teams were assorted this year... Instead of assorting teams by class, the school introduced a House System back in March, where students across AUPPHS-FA are grouped together in 4 different Houses (basically like the Wizarding World).



Leng Chan Vireak, Senior
Photographed by: Chhim Virith

These 4 houses include Kouprey, Koulen, Romdoul and Aural, and they have their respective colors! Red represents Kouprey, blue represents Koulen, yellow represents Romdoul, and green represents Aural. For the sports, we had Basketball, Football, and Volleyball, and every division came down to one champion House. The Champion House of Basketball was Romdoul, Football's champion was Koulen, and Volleyball's champion was Romdoul.

KOUPREY



“GO KOUPREYS!”



Sreng Kimroathpiseth, Senior
Photographed by: Chhim Virith

He also wanted to give a special shoutout to his team's MVP, Sreng Kimroathpiseth. Piseth scored over 20 points alone and carried the team spirit throughout all their matches.

Eang emphasized that the Sports Week alone helped him learn to control his emotions, hold accountability for his mistakes and work under pressure with his team, despite having a very worrisome mindset.

Despite their losses in Basketball and Volleyball, they secured 3rd place in Football!

What a great run, Kudos to Kouprey and a special thanks to Caoheng and Panharong for their leadership as the team captains. Your legacies will be remembered as the first generation of leaders for the Koupreys!

The Koupreys were fired up with the ambition and confidence; their teams performed amazingly across all 3 sports. Their rosters were stacked with many of the school's best athletes and they truly portrayed that.

Ly Huy Eang is currently a junior that has consistently practiced and played for the ISSAPP Basketball season. He preached that in order to play well, you must communicate with your teammates and set your ego aside.



Wath Rothrena, Senior
Photographed by: Wath Rothrayu

KOULEN

“GO KOULENS!”

The Koulens truly portrayed their athleticism and team spirit this Sports Week by winning 1st place in Football, 2nd place in Basketball, and 3rd place in Volleyball!

Ly Rattanaksamnang, a senior that represented Koulen through football, explained that the most important aspect of sports is maintaining sportsmanship. He believed that the pivotal cause of Koulen's wins stemmed from constant discipline.



Sreang Chhenghouy, Senior
Photographed by: Wath Rothrayu



Ly Techcheak, Senior

Photographed by: Wath Rothrayu

Furthermore, he would like to give a special thanks to his team captain, Nuth Chansomphors for motivating him throughout every match. He felt that he had a lack of confidence from the pressure in each match but his team helped him forget that tiny ounce of fear that lingered with him.

Congratulations to Koulen and a special thanks to Somphors and Natalyn for their leadership.

ROMDOUL

“GO ROMDOULS!”



Loem Tim, Senior

Photographed by: Wath Rothrayu

that was what gave them their win. For anyone who wants to explore sports competitions, Panhana says that confidence is key, it's always good to trust yourself and your teammates. Virith stresses the importance of team spirit, and how it's always to encourage one another rather than chastise after a mistake. As for standout players, Panhana gives shout-outs to Lor Sokyoun, Sam Vannviriya, and Ly Kanikar! Virith on the other hand says that most of his team played so well that he can't choose, and everyone stood out in their own way.

Romdoul, a house named after the national flower of Cambodia, has truly shown their abilities at this year's sports week! The roster was filled with amazing athletes from all grades, and each one truly demonstrated the spirit of the enduring flower that serves as their house symbol. Overall, the house secured 1st place in basketball and volleyball, and came just under Koulen for football in 2nd place. When Romdoul's were interviewed about their experience, surprisingly, their answers came out almost identical. Both Panhana Kuch (football) and Virith Chhim (volleyball) attributed their win to their team's connection. The latter went into more depth and explained that at first, he was worried as other houses had more talented players, but they focused on their team chemistry, trusted the field, and



Senghak Kuchpanhana, Senior

Photographed by: Wath Rothrayu

AURAL

“GO AURALS!”

Last but not least, the house of Aural performed spectacularly during the sports week, and put up a very good fight against the other strong teams. They secured 2nd place in volleyball, just under romdoul, 4th place in football, and 3rd place in basketball. They stood their ground during the week, their spirit resembling the mighty mountain representing them. According to Jessica Chea, the volleyball team had only been able to conduct one practice but still snatched 2nd place! It turns out that whoever sorted students into their houses



Lor Soky, Senior

Photographed by: Hun Titvimean



Leng Chan Vireak, Senior

Photographed by: Chhim Virith

did an amazing job. Just like in Romdoul, the players of Aural also showed a particular attribute during in their answers—dedication! Both Jessica Chea and Vireak Leng as interviewees stressed the importance of working hard to achieve good results, and have high hopes for the future. Jessica plans on lengthening preparations for next year, as their volleyball team didn't have a lot of time to practice beforehand. Vireak, as a senior, says that he will always be cheering on his juniors of Aural, hopefully to secure gold. When asked for shout-outs, both were very humble, and said that since the team connected well and everybody contributed, everyone stood out in their own way.